

Sunshine Fruit Salad

Serves: 6

Prep time: 15 minutes

Cook time: 0 minutes



2 serves per portion

Ingredients

- 1 cup strawberries, roughly chopped
- 1 small pineapple, skin removed and chopped
- ½ small pawpaw, peeled and chopped
- 1 mango, peeled and sliced
- 1 tablespoon ginger, grated
- 2 oranges, juiced
- 2 passionfruits, halved and pulp removed
- 2 cup natural yoghurt, reduced fat

Method

- COMBINE strawberries, pineapple, pawpaw and mango in a large bowl.
- MIX ginger, orange juice and passionfruit pulp in a small jug and drizzle over fruit.
- SET aside in the refrigerator until cool.
- SERVE with yoghurt.



Everyday Food

Recipe courtesy of Judy Stubbs, Maleny Branch