

## Seasonal Fruit Parfait

**Serves:** 2

**Prep time:** 15 minutes

**Cook time:** 15 minutes



1 serve per portion

### Ingredients

250g mascarpone cheese

250g raspberries, frozen

1 cup kiwifruit, fresh berries, mango or any other fruit in in season, roughly chopped

2 tablespoons roasted granola



**Discretionary Food**

### Method

CHILL 2 parfait glasses in the refrigerator.

COOK frozen raspberries in a small saucepan on a gentle simmer for around 15 minutes or until very tender. Puree with a stick blender.

TRANSFER the raspberry puree into a small clean bowl and refrigerate until cool.

LAYER fruit, mascarpone and raspberry sauce in chilled glasses up to desired height, keeping each layer as distinct as possible.

TOP each glass with a sprinkle of granola.

SERVE immediately with long spoons or chill until ready to serve.

*Recipe courtesy of Barbara McMillan, Dirranbandi Branch*