Raspberry, Pear and Dark Chocolate Crumble

Serves: 4 Prep time: 10 minutes Cook time: 20-25 minutes

¹/₂ serve per portion

Ingredients

¹/₃ cup (40g) roughly chopped dark chocolate
¹/₂ cup (50g) rolled oats
¹/₄ cup maple syrup
3 tablespoons (40g) margarine
3 tablespoons (40g) dark brown sugar
2 pears, peeled, halved, cored, and diced into small chunks
1 cup (115g) raspberries



PREHEAT oven to 180°C. Line small baking dish with baking paper.
COMBINE chocolate, oats and maple syrup in a small dish and set aside.
MELT margarine over medium heat then add the sugar and stir until it becomes golden.
ADD the chopped pear and cook for 5 to 10 minutes, until softened.
TRANSFER the pear mixture to the prepared dish. Sprinkle raspberries over the top, followed by the chocolate and oat mix.

BAKE for 20 to 25 minutes, until fruit is soft and the oats crisp up.

Recipe courtesy of the Country Kitchens team





Discretionary Food

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