

Pesto Pasta Salad

Serves: 4

Prep time: 10 minutes

Cook time: 15 minutes



1 serve per portion

Ingredients

¼ cup pine nuts or cashews

2 cups baby spinach

1 cup basil leaves

2 cloves garlic

¼ cup extra virgin olive oil

¼ cup parmesan cheese, grated

¼ teaspoon black pepper, freshly cracked

Salad:

200g cherry tomatoes, halved

¼ red onion, finely diced

1 cup baby spinach

200g wholemeal pasta, cooked

100g feta (optional)

Method

TOAST pine nuts in a fry pan over a low heat for 2-3 minutes or until golden.

ADD pine nuts, spinach, basil and garlic into food processor and blitz.

ADD the oil gradually until just combined and then add the parmesan and blitz to combine

MIX the salad ingredients together in a bowl and stir through the pesto.



Everyday Food

Recipe courtesy of the Country Kitchens team