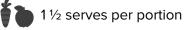
Flourless Banana Pancakes

Serves: 2 Prep time: 5 minutes Cook time: 10 minutes



Ingredients

2 ripe medium bananas, mashed 3 large eggs, lightly beaten 1 tablespoon extra virgin olive oil

Toppings:

1 cup of berries (any variety, fresh or frozen and thawed) $^{1\!\!/_2}$ cup low fat yoghurt

Method

MASH bananas in a large bowl. WHISK eggs and add to mashed banana. HEAT oil in frying pan and cook pancakes for 2-3 minutes each side. SERVE with berries and yoghurt.

Recipe courtesy of the Country Kitchens team



Everyday Food

