

Butterbean and Chorizo Stew

Serves: 4

Prep time: 5 minutes

Cook time: 30 minutes



3 serves per portion

Ingredients

2 tablespoons extra virgin olive oil
1 chorizo sausage, de-cased and crumbled
1 brown onion, sliced
400g can chopped tomatoes
2 400g can butterbeans (cannellini)
1 cup water
2 cups baby spinach leaves
Cracked black pepper

Method

HEAT oil in large saucepan over medium low heat. Add crumbled chorizo, allowing the oil to run into the pan. Add onion and cover with lid to cook until soft.

ADD tomatoes, beans and water. Stir well and bring to a simmer.

COOK gently for 10 minutes with lid on.

ADD spinach leaves just prior to serving, stir through and serve with cracked black pepper.



Everyday Food

Recipe Courtesy of the Country Kitchens team